



BİSİKLETÇİ

SET MENÜ

KAHVALTI

• • •

MANTARLI OMLET

Enerji: 135 kcal, Protein: 8,5 gr

KEÇİ PEYNİRİ

Enerji: 69 kcal, Protein: 4,4 gr

MEVSİM SÖĞÜŞ

Enerji: 45 kcal, Protein: 0 gr

TEREYAĞI

Enerji: 75 kcal, Protein: 0,9 gr

SÜZME BAL

Enerji: 65 kcal, Protein: 0,3 gr

KURU MEYVELER

Enerji: 102 kcal, Protein: 2 gr

KIZARMIŞ ÇAVDAR EKMEĞİ

Enerji: 150 kcal, Protein: 5 gr

MEVSİM MEYVELERİ

Enerji: 50 kcal, Protein: 0 gr

ARA ÖĞÜN

• • •

PROTEİNLİ KURABİYE + SADE KAHVE

Enerji: 250 kcal, Protein: 14,5 gr

ÖĞLE

• • •

PİZZA MARGARİTA (ORTA BOY)

Enerji: 344 kcal, Protein: 11 gr

TAHİNLİ CEVİZLİ KABAK TATLISI

Enerji: 255 kcal, Protein: 6,2 gr

NAR EKŞİLİ KİNOALI MEVSİM SALATA

Enerji: 95 kcal, Protein: 2 gr



BİSİKLETÇİ

SET MENÜ

AKŞAM

• • •

SÜZME MERCİMEK ÇORBASI

Enerji: 112 kcal, Protein: 8 gr

IZGARA ALABALIK

Enerji: 272 kcal, Protein: 42,3 gr

MISIRLI MEVSİM SALATA

Enerji: 98 kcal, Protein: 3 gr

PENNE ARABIATA

Enerji: 164 kcal, Protein: 26,5 gr

ARA ÖĞÜN

• • •

KEFİRLİ SMOOTHIE

Enerji: 171 kcal, Protein: 6,6 gr

REPLASMAN

• • •

MUZ + İZOTONİK

Enerji: 89 kcal, Protein: 2 gr



BİSİKLETÇİ

İÇECEK MENÜ

ALKOLSÜZ İÇECEK

• • •

SU (0,5LT)	€2
SU (1,5LT)	€3
SODA	€3
AYRAN	€3
LİMONATA	€3
SOĞUK ÇAY	€3
YEDİGÜN	€3
SEVEN-UP	€3
PEPSİ KOLA	€3
ŞEKERSİZ PEPSİ KOLA	€3
ENERJİ İÇECEĞİ	€3
TONİK	€3

MEYVE SUYU

• • •

ŞEFTALİ SUYU	€3
PORTAKAL SUYU	€3
VİŞNE SUYU	€3
ELMA SUYU	€3
ANANAS SUYU	€3
TAZE PORTAKAL SUYU	€3

SICAK İÇECEK

• • •

ÇAY	€2
KAPUÇİNO	€3
ESPRESSO	€3
GRANÜL KAHVE	€3
ÇEKİRDEK KAHVE	€3
FİLTRE KAHVE	€3
SICAK ÇİKOLATA	€3

BİSİKLETÇİ

İÇECEK MENÜ

BİTKİ ÇAYI

...

ELMA ÇAYI	€2
KUŞBURNU ÇAYI	€2
YEŞİL ÇAY	€2
PAPATYA ÇAYI	€2
IHLAMUR ÇAYI	€2
ADA ÇAYI	€2

ŞARAP (BARDAK)

...

KIRMIZI ŞARAP	€3
BEYAZ ŞARAP	€3
PEMBE ŞARAP	€3

APERATİF (4CL)

...

RAKİ	€3
YERLİ BITTER	€3
VERMUT SEK YERLİ	€3
VERMUT TATLI YERLİ	€3

BİRA (0,3LT)

...

FIÇI BİRA	€3
CARLSBERG	€3
BECK'S	€3
CORONA	€3
MILLER	€3
BUDWEISER	€3
HEINEKEN	€3
LEFFE	€4



BİSİKLETÇİ

İÇECEK MENÜ

VOTKA (4CL)

...

YERLİ VOTKA	€3
FIRESTAR	€3
SMIRNOFF	€3
SMIRNOFF GREEN APPLE	€3
ABSOLUT	€3
FINLANDIA	€3
STOLICHNAYA	€3
BELVEDERE	€4
GREY GOOSE	€4

TEKİLA (4CL)

...

OLMECA SILVER	€3
OLMECA GOLD	€3
DON ANGEL	€3

LİKÖR (4CL)

...

ARCHERS	€3
KAHLUA	€3
BAILEYS	€3
SAFARI	€3
ABSINTHE	€3
JAGERMEISTER	€3
CAMPARI	€3
AMARETTO	€3
TIA MARIA	€3
BATIDA DE COCO	€3
DRAMBUIE	€3
FERNET BRANCA	€3
COINTREAU	€3

BİSİKLETÇİ

İÇECEK MENÜ

VERMUT (4CL)

• • •

MARTINI ROSSO	€3
MARTINI BIANCO	€3
MARTINI DRY	€3
CINZANO EXTRA DRY	€3

RUM (4CL)

• • •

BACARDI	€3
CAPTAIN MORGAN	€3
MALIBU	€3
HAVANA CLUB	€3

CİN (4CL)

• • •

YERLİ CİN	€3
GORDON'S	€3
TANQUERAY	€3
BEEFEATER	€3
BEEFEATER PINK	€3
BOMBAY SAPPHIRE	€3
GILBEY'S	€3
HENDRICK'S	€4

KANYAK & BRENDİ (4CL)

• • •

METAXA	€4
MARTELL VSOP	€4
REMY MARTIN VSOP	€5
HENNESY VSOP	€4
COURVOISIER	€4



BİSİKLETÇİ

İÇECEK MENÜ

ŞAMPANYA (BARDAK)

...

YAZGAN - KAR TANESİ

YERLİ LİKÖR (4CL)

...

ACIBADEM	€2
KAYISI	€2
HİNDİSTAN CEVİZİ	€2
PORTAKAL	€2
MUZ	€2
NANE	€2
KREMA	€2
KAHVE	€2
BAHARAT	€2

VİSKİ (4CL)

...

YERLİ VİSKİ	€3
JW RED LABEL	€3
BALLANTINES	€3
CUTTY SARK	€3
J&B	€3
FAMOUS GROUSE	€3
DEWAR'S	€3
JACK DANIELS	€4
JAMESON	€4
JIM BEAM	€3
DIMPLE 15	€4
CHIVAS REGAL	€4
JW BLACK LABEL 12	€4
THE GLENLIVET	€4
GLENFIDDICH 12	€4
MACALLAN 12	€5



BİSİKLETÇİ

İÇECEK MENÜ

ALKOLSÜZ KOKTEYL

...

HARRY POTTER	€4
CHOCOLATE COCKTAILS	€4
SPONGEBOB	€4

ALKOLLÜ KOKTEYL

...

COSMOPOLITAN	€5
HIGH SOCIETY	€5
DREAM BOX	€5
KAMIKAZE	€5
GRAND SPECIAL	€5
TANGO	€5
GRAND PIEDRO	€5
BALALAIKA	€5
OCEAN WAVE	€5
ALEXANDER NEVSKY	€5
FRENCH 75	€5
SULTAN OF THE DANCE	€5
GOLDEN GATE	€5
YELLOW BIRD	€5
SINGAPORE SILING	€5
AMERICANO	€5
BLACK RUSSIAN	€5



BİSİKLETÇİ

İÇECEK MENÜ

LİKÖR (ŞİŞE)

• • •	70/75 - 100CL
YERLİ LİKÖR	€16 €20
ARCHER'S	€30
KAHLUA	€40
BAILEYS	€30 €43
SAFARI	€30 €43
ABSINTH	€30 €43
MARTINI	€35 €43
CAMPARI	€35 €43
AMARETTO	€40
TIA MARIA	€40
BATIDA DE COCO	€45
DRAMBUIE	€50
JAGERMEISTER	€35 €45
COINTREAU	€40 €45

RAKI (ŞİŞE)

• • •	20 - 35 - 70/75 - 100CL
YERLİ RAKI	€20 €25
YENİ RAKI	€9 €13 €30 €35
TEKİRDAĞ RAKI	€30 €35
EFE RAKI	€30 €35

CİN (ŞİŞE)

• • •	35 - 70/75 - 100CL
YERLİ CİN	€25
BEEFEATER	€15 €30 €43
GORDON'S	€25 €35
TANQUERAY	€30 €43
GILBEY'S	€25 €35
BOMBAY SAPPHIRE	€40 €50



BİSİKLETÇİ

İÇECEK MENÜ

VISKİ (ŞİŞE)

• • •	35 - 70/75 - 100CL
YERLİ VİSKİ	€25
J.W RED LABEL	€30 €40
BALLANTINES	€35 €50
CUTTY SARK	€30 €40
J&B	€30 €40
FAMOUS GROUSE	€30 €40
PASSPORT	€30 €40
CHIVAS REGAL	€21 €45 €60
CUTTY SARK 15	€40 €55
J.W BLACK LABEL	€40 €55
JAMESON	€35 €50
JIM BEAM	€30 €40
GENTLEMAN JACK	€50 €70
JACK DANIELS	€45 €60
GLENLIVET 12	€50
GLENFIDDICH 12	€25 €50
MACALLAN 12	€85

ŞAMPANYA (ŞİŞE)

• • •	70CL
İNCİ DAMLASI	€15
DOLUCA BIANCO	€15
MOET CHANDON	€70
MUMM CORDON ROUGE	€70
DOM PERIGNON	€255



BİSİKLETÇİ

İÇECEK MENÜ

BEYAZ ŞARAP (ŞİŞE)

• • •	75CL
VINKARA QUATTRO DOMI SEK	€15
ASPI SAVALAN MOSCATO	€30
VINKARA NARINCE	€15
VINKARA SAUVIGNON BLANC	€15
ASPI SAVALAN CHARDONAY	€27
KAVAKLIDERE PRESTIGE NARINCE	€25
DOLUCA SARAFIN FÜME BLANC	€25
ASPI SAVALAN VIOGNER	€30
PINOT GRIGIO LAMBERTI	€15

KIRMIZI ŞARAP (ŞİŞE)

• • •	75CL
ASPI SAVALAN ALICANTE	€50
ASPI SAVALAN MERLOT	€30
FRONTERA CABERNET SAUVIGNON	€15
ASPI SAVALAN ALEATICO	€30
ASPI SAVALAN CAB. SAU. RIPASSO	€55
SARAFIN SHIRAZ	€25
VINKARA CABERNET SAUVIGNON	€15
ASPI SAVALAN CABERNET MERLOT	€30
FRONTERA MERLOT	€15
VINKARA SYRAH	€15
VINKARA MERLOT	€15

PEMBE ŞARAP (ŞİŞE)

• • •	75CL
DOLUCA VERANO GRENACHE BLUSH	€15
PINOT GRIGIO LAMBERTI BLUSH	€15
VINKARA YAŞASIN	€45
KAVAKLIDERE LAL	€15

BİSİKLETÇİ

İÇECEK MENÜ

EKSTRA KOKTEYL

• • •

MOJITO	€7
MARGARITA	€7
TEQUILA SUNRISE	€7
PINE COLADA	€7
CUBA LIBRE	€7
DAIQUIRI	€7
ABSINTH DREAM	€7
JAGERBOMB	€7
WILD WOMAN	€7
SEX ON THE BEACH	€7
LONG ISLAND ICE TEA	€7
CAIPIRINHA	€7
LYNCBURG LEMONADE	€7
WHITE RUSSIAN	€7
WHITE LADY	€7
BRAVE BULL	€7
B 52	€7

SICAK KOKTEYL

• • •

IRISH COFFEE	€7
COFFEE ROYALE	€7
MEXICAN COFFEE	€7
LUMUMBA	€7



CYCLIST SET MENU

BREAKFAST

• • •

MUSHROOM OMELETTE

Energy: 135 kcal, Protein: 8,5 gr

GOAT CHEESE

Energy: 69 kcal, Protein: 4,4 gr

SEASON SÖÇÜŞ

Energy: 45 kcal, Protein: 0 gr

BUTTER

Energy: 75 kcal, Protein: 0,9 gr

LIQUID HONEY

Energy: 65 kcal, Protein: 0,3 gr

DRIED FRUITS

Energy: 102 kcal, Protein: 2 gr

TOASTED RYE BREAD

Energy: 150 kcal, Protein: 5 gr

SEASON FRUITS

Energy: 50 kcal, Protein: 0 gr

SNACK

• • •

PROTEIN COOKIES + BLACK COFFEE

Energy: 250 kcal, Protein: 14,5 gr

LUNCH

• • •

PIZZA MARGARITA (MEDIUM)

Energy: 344 kcal, Protein: 11 gr

PUMPKIN DESSERT WITH TAHINI-WALNUT

Energy: 255 kcal, Protein: 6,2 gr

SEASONAL SALAD WITH POMEGRANATE SOUR AND QUINOA

Energy: 95 kcal, Protein: 2 gr



CYCLIST

SET MENU

DINNER

• • •

STRAINED LENTIL SOUP

Energy: 112 kcal, Protein: 8 gr

GRILLED TROUT

Energy: 272 kcal, Protein: 42,3 gr

SEASONAL SALAD WITH CORN

Energy: 98 kcal, Protein: 3 gr

PENNE ARABIATA

Energy: 164 kcal, Protein: 26,5 gr

SNACK

• • •

KEFIR SMOOTHIE

Energy: 171 kcal, Protein: 6,6 gr

REPLACEMENT

• • •

BANANA + ISOTONIC

Energy: 89 kcal, Protein: 2 gr



CYCLIST

BEVERAGE MENU

SOFT DRINK

• • •

SPRING WATER (0,5LT)	€2
SPRING WATER (1,5LT)	€3
MINERAL WATER	€3
AYRAN	€3
LEMONADE	€3
ICE TEA	€3
YEDIGUN	€3
SEVEN-UP	€3
PEPSI COLA	€3
PEPSI COLA LIGHT	€3
ENERGY DRINK	€3
TONIC	€3

FRUIT JUICE

• • •

PEACH JUICE	€3
ORANGE JUICE	€3
CHERRY JUICE	€3
APPLE JUICE	€3
PINEAPPLE JUICE	€3
FRESCH ORANGE JUICE	€3

HOT DRINK

• • •

TURKISH TEA	€2
CAPPUCCINO	€3
ESPRESSO	€3
INSTANT COFFEE	€3
CORE COFFEE	€3
FILTER COFFEE	€3
HOT CHOCOLATE	€3



CYCLIST

BEVERAGE MENU

HERBAL TEA

• • •

APPLE TEA	€2
ROSEHIP TEA	€2
GREEN TEA	€2
CHAMOMILE TEA	€2
LINDEN TEA	€2
SAGE TEA	€2

WINE (GLASS)

• • •

RED WINE	€3
WHITE WINE	€3
ROSE WINE	€3

APERITIF (4CL)

• • •

RAKI	€3
BITTER LOCAL	€3
VERMOUTH DRY LOCAL	€3
VERMOUTH BIANCO LOCAL	€3

BEER (0,3LT)

• • •

DRAFT BEER	€3
CARLSBERG	€3
BECK'S	€3
CORONA	€3
MILLER	€3
BUDWEISER	€3
HEINEKEN	€3
LEFFE	€4



CYCLIST

BEVERAGE MENU

VODKA (4CL)

• • •

VODKA LOCAL	€3
FIRESTAR	€3
SMIRNOFF	€3
SMIRNOFF GREEN APPLE	€3
ABSOLUT	€3
FINLANDIA	€3
STOLICHNAYA	€3
BELVEDERE	€4
GREY GOOSE	€4

TEQUILA (4CL)

• • •

OLMECA SILVER	€3
OLMECA GOLD	€3
DON ANGEL	€3

LIQUEUR (4CL)

• • •

ARCHERS	€3
KAHLUA	€3
BAILEYS	€3
SAFARI	€3
ABSINTHE	€3
JAGERMEISTER	€3
CAMPARI	€3
AMARETTO	€3
TIA MARIA	€3
BATIDA DE COCO	€3
DRAMBUIE	€3
FERNET BRANCA	€3
COINTREAU	€3



CYCLIST

BEVERAGE MENU

VERMOUTH (4CL)

• • •

MARTINI ROSSO	€3
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MARTINI BIANCO	€3
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MARTINI DRY	€3
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CINZANO EXTRA DRY	€3
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ROM (4CL)

• • •

BACARDI	€3
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CAPTAIN MORGAN	€3
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MALIBU	€3
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HAVANA CLUB	€3
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GIN (4CL)

• • •

GIN LOCAL	€3
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GORDON'S	€3
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TANQUERAY	€3
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BEEFEATER	€3
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BEEFEATER PINK	€3
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BOMBAY SAPPHIRE	€3
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GILBEY'S	€3
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HENDRICK'S	€4
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COGNAC & BRENDY (4CL)

• • •

METAXA	€4
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MARTELL VSOP	€4
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REMY MARTIN VSOP	€5
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HENNESY VSOP	€4
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COURVOISIER	€4
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CYCLIST

BEVERAGE MENU

CHAMPAGNE (GLASS)

...

YAZGAN - KAR TANESI

LOCAL LIQUEUR (4CL)

...

ALMOND	€2
APRICOT	€2
COCONUT	€2
ORANGE	€2
BANANA	€2
MINT	€2
CREAM	€2
COFFEE	€2
SPICE	€2

WHISKY (4CL)

...

WHISKY LOCAL	€3
JW RED LABEL	€3
BALLANTINES	€3
CUTTY SARK	€3
J&B	€3
FAMOUS GROUSE	€3
DEWAR'S	€3
JACK DANIELS	€4
JAMESON	€4
JIM BEAM	€3
DIMPLE 15	€4
CHIVAS REGAL	€4
JW BLACK LABEL 12	€4
THE GLENLIVET	€4
GLENFIDDICH 12	€4
MACALLAN 12	€5



CYCLIST

BEVERAGE MENU

NON-ALCOHOL COCKTAIL

...

HARRY POTTER	€4
CHOCOLATE COCKTAILS	€4
SPONGEBOB	€4

ALCOHOLIC COCKTAIL

...

COSMOPOLITAN	€5
HIGH SOCIETY	€5
DREAM BOX	€5
KAMIKAZE	€5
GRAND SPECIAL	€5
TANGO	€5
GRAND PIEDRO	€5
BALALAIKA	€5
OCEAN WAVE	€5
ALEXANDER NEVSKY	€5
FRENCH 75	€5
SULTAN OF THE DANCE	€5
GOLDEN GATE	€5
YELLOW BIRD	€5
SINGAPORE SILING	€5
AMERICANO	€5
BLACK RUSSIAN	€5



CYCLIST

BEVERAGE MENU

COGNAC & BREN DY (BOTTLE)

• • •	70/75 - 100CL	
COGNACS LOCAL		€25
METAXA		€40
MARTEL VSOP		€50
HENNESY VSOP	€55	€80
REMY MARTIN VSOP		€75

TEQUILA (BOTTLE)

• • •	70/75 - 100CL	
OLMECA	€35	€50
JOSE QUERVO	€70	€95
OLMECA GOLD	€40	€55
DON ANGEL	€35	€50

VODKA (BOTTLE)

	35 - 70/75 - 100CL		
VODKA LOCAL	€20	€25	
FIRESTARTER	€25	€35	
SMIRNOFF	€25	€35	
ABSOLUT	€15	€30	€40
FINLANDIA	€35	€50	
BELVEDERE	€45	€60	
GREY GOOSE	€70	€100	

ROM (BOTTLE)

• • •	70/75 - 100CL	
BACARDI	€35	€50
CAPTAIN MORGAN	€30	€43
HAVANA CLUB	€35	€50
MALIBU	€30	€43



CYCLIST

BEVERAGE MENU

LIQUEUR (BOTTLE)

• • •	70/75 - 100CL
LOCAL LIQUEUR	€16 €20
ARCHER'S	€30
KAHLUA	€40
BAILEYS	€30 €43
SAFARI	€30 €43
ABSINTH	€30 €43
MARTINI	€35 €43
CAMPARI	€35 €43
AMARETTO	€40
TIA MARIA	€40
BATIDA DE COCO	€45
DRAMBUIE	€50
JAGERMEISTER	€35 €45
COINTREAU	€40 €45

RAKI (BOTTLE)

• • •	20 - 35 - 70/75 - 100CL
LOCAL RAKI	€20 €25
YENİ RAKI	€9 €13 €30 €35
TEKİRDAĞ RAKI	€30 €35
EFE RAKI	€30 €35

GIN (BOTTLE)

• • •	35 - 70/75 - 100CL
LOCAL GIN	€25
BEEFEATER	€15 €30 €43
GORDON'S	€25 €35
TANQUERAY	€30 €43
GILBEY'S	€25 €35
BOMBAY SAPPHIRE	€40 €50



CYCLIST

BEVERAGE MENU

WHITE WINE (BOTTLE)

• • •	75CL
VINKARA QUATTRO DOMI SEK	€15
ASPI SAVALAN MOSCATO	€30
VINKARA NARINCE	€15
VINKARA SAUVIGNON BLANC	€15
ASPI SAVALAN CHARDONAY	€27
KAVAKLIDERE PRESTIGE NARINCE	€25
DOLUCA SARAFIN FÜME BLANC	€25
ASPI SAVALAN VIOGNER	€30
PINOT GRIGIO LAMBERTI	€15

RED WINE (BOTTLE)

• • •	75CL
ASPI SAVALAN ALICANTE	€50
ASPI SAVALAN MERLOT	€30
FRONTERA CABERNET SAUVIGNON	€15
ASPI SAVALAN ALEATICO	€30
ASPI SAVALAN CAB. SAU. RIPASSO	€55
SARAFIN SHIRAZ	€25
VINKARA CABERNET SAUVIGNON	€15
ASPI SAVALAN CABERNET MERLOT	€30
FRONTERA MERLOT	€15
VINKARA SYRAH	€15
VINKARA MERLOT	€15

ROSE WINE (BOTTLE)

• • •	75CL
DOLUCA VERANO GRENACHE BLUSH	€15
PINOT GRIGIO LAMBERTI BLUSH	€15
VINKARA YAŞASIN	€45
KAVAKLIDERE LAL	€15



CYCLIST

BEVERAGE MENU

EXTRA COCKTAIL

• • •

MOJITO	€7
MARGARITA	€7
TEQUILA SUNRISE	€7
PINE COLADA	€7
CUBA LIBRE	€7
DAIQUIRI	€7
ABSINTH DREAM	€7
JAGERBOMB	€7
WILD WOMAN	€7
SEX ON THE BEACH	€7
LONG ISLAND ICE TEA	€7
CAIPIRINHA	€7
LYNCBURG LEMONADE	€7
WHITE RUSSIAN	€7
WHITE LADY	€7
BRAVE BULL	€7
B 52	€7

HOT COCKTAIL

• • •

IRISH COFFEE	€7
COFFEE ROYALE	€7
MEXICAN COFFEE	€7
LUMUMBA	€7